



YMLAEN GYDA'N GILYDD

Friday September 6th 2024

Welcome back to a new Autumn Term 2024. A very warm welcome all our new nursery pupils and their families, and also pupils who have moved from other schools.

It has been lovely to see all our pupils back at school with happy, smiling faces and eager to learn.



School Timings

- Nursery start at 9.10-3.10
- Foundation Phase start at 9.00-3.15
- KS2 start at 8.55 -3.30

Nursery enter and exit through their doors.

Foundation Phase enter and exit through the two hall doors.

KS2 line up on the yard and will be taken into the building by a member of staff.

If the weather is very poor, the pupils may enter the school building no earlier than 8.50.

If pupils are late for any reason, we ask them to come through Reception to report in.

Breakfast Club

As you are all aware Breakfast Club arrangements have now changed. Here is some information from RCT.

Primary Free Breakfast Club - September 2024

You should only send your child(ren) to the primary free breakfast club if you have completed the on-line registration and have secured a place.

If you have successfully secured a place for the primary free breakfast club, you should have received a summary page at the end of your booking, which provided a reference number, and providing a correct email address was provided, you should also have received a confirmation email. If you completed your application but remain unsure as to whether you have secured a place, please contact your school administrator who have the facility to check for you.

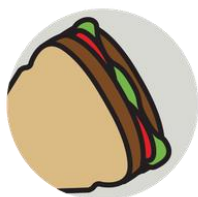
If you have applied for a breakfast club place for your child(ren), but will not be making use of the provision, please contact your school to allow them to free up the space for other children who do need the facility.

If you have registered your child(ren) to use free breakfast club, but they do not attend, the place offered may be removed, and offered to another family who do need the facility. Your school will be monitoring attendance and monitoring children who are not consuming a breakfast.

Lunch

If your child is having packed lunch, we ask that lunch boxes are filled in line with our Healthy Eating Policy.

Lunchbox tips from the NHS website



Keep them fuller for longer

Base the main lunchbox item on foods like bread, rice, pasta and potatoes. Choose wholegrain where you can.

Freeze for variety

Keep a small selection of different types of bread in the freezer so you have a variety of options – like bagels, pittas and wraps, granary, wholemeal and multigrain.

DIY lunches

Wraps and pots of fillings can be more exciting for kids when they get to make them. Dipping foods are also fun and a nice change from a sandwich each day.

Cut back on fat

Pick lower-fat fillings – like lean meats (including chicken or turkey), fish (such as tuna or salmon), lower-fat spread, reduced-fat cream cheese and reduced-fat hard cheese. And try to avoid using mayonnaise in sandwiches.

Mix your slices

If your child does not like wholegrain, try making a sandwich from 1 slice of white bread and 1 slice of brown bread.

Always add veg

Cherry tomatoes, or sticks of carrot, cucumber, celery and peppers all count towards their 5 A Day. Adding a small pot of reduced-fat hummus or other dips may help with getting kids to eat vegetables.

Ever green

Always add salad to sandwiches and wraps too – it all counts towards your child's 5 A Day!

Cheesy does it...

Cheese can be high in fat and salt, so choose stronger-tasting ones – and use less of it – or try reduced-fat varieties.

Cut down on crisps

If your child really likes their crisps try reducing the number of times you include them in their lunchbox, and swap for homemade plain popcorn or plain rice cakes instead.

Add bite-sized fruit

Try chopped apple, peeled satsuma segments, strawberries, blueberries, halved grapes or melon slices to make it easier for them to eat. Add a squeeze of lemon juice to stop it from going brown.

Tinned fruit counts too

A small pot of tinned fruit in juice – not syrup – is perfect for a lunchbox and easily stored in the cupboard.

Swap the fruit bars

Dried fruit like raisins, sultanas and dried apricots are not only cheaper than processed fruit bars and snacks but can be healthier too. Just remember to keep dried fruit to mealtimes as it can be bad for teeth.

Switch the sweets

Swap cakes, chocolate, cereal bars and biscuits for malt loaf, fruited teacakes, fruit breads or fruit (fresh, dried or tinned – in juice not syrup).

Yoghurts: go low-fat and lower-sugar

Pop in low-fat and lower-sugar yoghurts or fromage frais and add your own fruit.

Get them involved

Get your kids involved in preparing and choosing what goes in their lunchbox. They are more likely to eat it if they helped make it.

Variety is the spice of lunch!

Be adventurous and get creative to mix up what goes in their lunchbox. Keeping them guessing with healthier ideas will keep them interested and more open to trying things.

All pupils are now able to have a free school meal.

Universal Primary Free School Meal Provision for Nursery Age Pupils

The final roll-out of Universal Primary Free School Meals (UPFSM) concluded in Rhondda Cynon Taf in April 2024, ahead of Welsh Government's deadline of September 2024.

Since the roll out commenced in September 2022, nursery age pupils' entitlement to UPFSM has been the term following their 4th birthday, which is in accordance with the Council's admission policy. The UPFSM funding grant conditions stipulated eligible nursery pupils are those who attend local authority funded nursery provision on a full-time basis (morning and afternoon sessions) and not nursery provision funded part-time by the local authority and part-time by the schools delegated budget.

However, we have recently received confirmation from Welsh Government that from September 2024 pupils attending nursery education on a full-time basis, irrespective how it is funded are eligible to receive UPFSM.

Uniform

Llwyncrwn School Uniform consists of:

Red jumper, hoodie, cardigan

Grey or Black trousers, leggings, skirt or pinafore
 White polo shirt
 Red and white summer dress
 Black shoes or trainers

It is not essential that the clothing has a school badge.

Please ensure that every item of clothing has a name written inside.
 We have lost property handed in on a regular basis.

We have racks of good quality pre-loved uniform on display in our Community Room.
 We do not charge for these items.

If you would like to come and look at the pre-loved uniform, or if you would like to donate good quality unwanted uniform, please call in at Reception. We would be very grateful.

Community Room



The Community Room is a lovely space where we welcome parents, carers and friends for various events. These include training courses, coffee mornings, meetings, food bank collection, pre-loved uniform shop and much more.

Please look out for our advertised events and how you are able to register to attend.

Course List -September to November 2024

Date	Course	Max No
Tuesday 24th September 12.30 to 2.30 concludes Tuesday 15th October (4 sessions)	Supporting Children through Play	12
	Slow Cooker	12

Friday 27th September 10 to 12 concludes Friday 18th October (4 sessions)		
Thursday 3rd October 9.30 to 3.00 concludes Thursday 10th October (2 sessions)	ASD Level 1	12
Thursday 17th October 9.30 to 3.00 concludes Thursday 24th October (2 sessions)	ADHD Level 2	12
Monday 4th November 9.30 to 3.30	Domestic Abuse Awareness Level 2	12

If you wish to register for any of these FREE training courses, please contact the school.

Car parking

We ask you to please be considerate when parking for any length of time outside the school perimeter.



We communicate regularly with Parents and Carers using these methods:

Telephone

Our Office number is 01443 203557

Face-to-face

Visit us at Reception if you have any questions at all.

If you would like a meeting with Mrs Charles, Headteacher, or any other member of staff, please email or ring to make an appointment first, as we are busy at certain times.

School Website

Our School Website is where you can find information about the school, weekly Newsletters, with news and important dates, Class Pages and much more.

Our School App

Please make sure you download 'The School App' on your mobile phone. We send important information out on here daily, specifically for your child, and also the whole school.
If you have any problems with this come and see us in the office.



Email

School office - admin@llwyncrwnprimary.rctcbc.cymru

Mrs Charles, Headteacher- Head@llwyncrwnprimary.rctcbc.cymru

All staff have email addresses.

For example - missdavies@llwyncrwn.co.uk

Please could you ensure that we have your correct email addresses at all times.

Dates for your Diary

Thursday September 12 th	Nurse in to talk to Year 5 and Year 6
Friday September 20 th	Swimming sessions start for some classes Macmillan Coffee Morning - Community Room 9.00am
Friday September 27 th	Colorfoto in for photographs- Classes and Portraits
Tuesday October 22 nd	FOL Halloween Disco
Friday November 15 th	INSET- No school for pupils
Monday July 21 st	INSET- No school for pupils (We have another 3x INSET days to be announced)

RCT School term times 2024/2025

Term	From	To
Autumn 2024	Monday, September 2 2024	Friday, October 25 2024
Half Term	Monday, October 28 2024	Friday, November 1 2024
Autumn 2024	Monday, November 4 2024	Friday, December 20 2024
Christmas Holidays	Monday, December 23 2024	Friday, January 3 2025
Spring 2025	Monday, January 6 2025	Friday, February 21 2025
Half Term	Monday, February 24 2025	Friday, February 28 2025
Spring 2025	Monday, March 3 2025	Friday, April 11 2025
Easter Holidays	Monday, April 14 2025	Friday, April 25 2025
Summer 2025	Monday, April 28 2025	Friday, May 23 2025
Half term	Monday, May 26 2025	Friday, May 30 2025
Summer 2025	Monday, June 2 2025	Monday, July 21 2025

All schools will be closed on Monday 5 May 2025 for the May Day Bank Holiday.

Attendance

Regular school attendance is important, not just because the law requires it, but it helps our pupils to achieve more and improve attainment during their school lives and beyond.

Please ensure that your child attends every day and is on time.

If your child is absent for any reason, please contact the school to explain the absence. Every school has access to a School Attendance Officer and an allocated Education Welfare Officer who will help and support you with any difficulties you may have with your child's attendance at school. Please contact school in the first instance.

All children have the right to education, based on equality of opportunity, and Llwyncrwn Primary School, in partnership with parents and other parties, must take measures to encourage regular school attendance and reduce rates of absenteeism.

A child's success at school is likely to be affected negatively if their attendance is poor. Those who do not attend regularly may fall behind in their learning, leading to underachievement, both academically and socially.

Llwyncrwn Primary School recognises the crucial role that parents play in promoting good school attendance. The school therefore seeks to provide professional, quality information and advice,

communicated frequently by telephone, email, leaflets, parents' evenings, school reports and via the school attendance webpage on our school website.

Llwyncrwn Primary School aims to:

- Give attendance and punctuality a high priority;
- Clearly define roles and responsibilities to ensure consistency and accuracy;
- Provide support, advice and guidance to families;
- Use attendance data systematically to evaluate success and to prioritise appropriate follow-up procedures;
- Use rewards to celebrate good attendance;
- Use sanctions sensitively and only when necessary;
- Work in partnership with the Education Welfare Service to improve attendance; and
- Support pupils returning to school after significant periods of absence.

Your Child's Attendance	National Guidelines
100% - 95%	Optimum chance to achieve well. Your child is taking full advantage of every learning opportunity.
94.99% - 90%	Satisfactory, although your child may have to spend time catching up with work they have missed.
Below 90%	Cause for concern:- <ol style="list-style-type: none"> 1. Your child may be at risk of underachieving. 2. Your child may need extra support from you to help catch up with missed work. 3. Your child may be missing out on a broad and balanced education.



Attendance for this week is 96%



The classes with the highest attendance this week are
Dosbarth Holly / Mrs Heaven with 100%

Dosbarth Elder /Mrs McDonald with 98.9%



Llongyfarchiadau / Well done to all the pupils from these classes

Our Attendance Target for the year is 92%

Have a wonderful weekend,
Mrs Charles and team